

Mercy Seekers

“... Go and find out the meaning of mercy.” Mt. 9:13

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Mary's Mercy Center, Inc.

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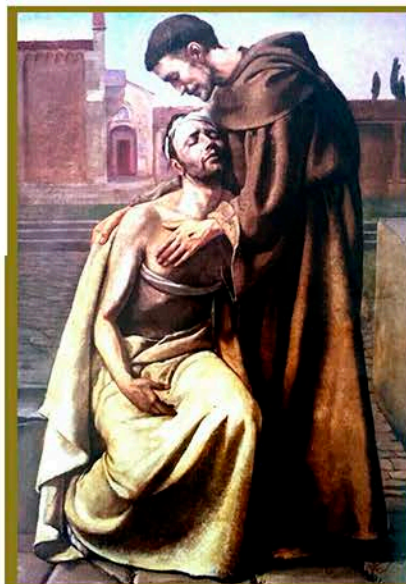
A MESSAGE FROM THE DIRECTOR
FATHER MICHAEL BARRY, SS.CC.

It is said that it is easy to like people for their good qualities but when the opposite happens and we can't find any likable quality then we tend to alienate and ostracize them. In fact we may depersonalize them. Others say that despite their bad qualities we love them. That is true gospel. Jesus spoke about that in the Beatitudes. It is easy to like people that we like but when someone becomes offensive or we have made them offensive by our judgments or prejudice, then love is out of the question. It is in that specific situation that we become the 'blessed of God' because we have chosen to love. In choosing to love, no matter what we are Jesus to that other.

Now at Mary's Table we get all sorts of characters and sometimes their behavior challenges love. It is easy and even reactionary to dismiss them. Even their fellow brothers and sisters at Mary's Table would say to throw them out or call the Police. So often when they are not judged but receive a kind word or a warm welcome despite the fact that they should receive the opposite then they melt. Most of the time we become healers and peacemakers. Our good behavior should not be determined by their bad behavior. Our good behavior is from our hearts and not reactionary. If we react then we are being controlled by their behavior. That is why we have those three basic rules at Mary's Table. Rule number one "Don't judge them". Rule number two. "See Jesus in them". Rule number three "Serve them." In these blazing hot days it is easy to get into a negative attitude and to react. We are here to be Christ to others. This is the policy and it has changed lives.

Why? Because this is what Christ teaches us and not only that but when we do it He blesses us and there is a powerful exchange between God's Poor and His disciples.

- Father Mike



Do not judge, and you will not be judged. Do not condemn, and you will not be condemned.

Forgive, and you will be forgiven.

Lk 6:37



Thank You

“Mary’s Table thanks the teachers and students of Indian Springs High School Special Education’s Summer Intern Program. This wonderful group of people spent the day at Mary’s Table helping where needed. Here they are pictured as they helped sort and bundle items such as clothes and shoes for our Thursday Give Away and clothing closet. Thank you Josef, Gianie, Tyrone, Arturo, Austin, Donovan, Dominic, Asante, Mrs. Fuyumuro, Ms Lupe, Ms Moreno, it was great having you here!”

Help to meet the need...

In these dog days of summer, one has to wonder which is worse, the cold days of winter or the intolerable days of summer. Perhaps it is these blazing hot days of August. The demands for services increase and some-how other donations seem to drop off. Possibly people think because it is summer that the needs are not so dire. Experience tells us that summer is a lot more taxing because of the one two punch - people feel that the poor and the homeless don't need as much but in fact they need more.

Something as simple as water - it is in great demand and the our outside faucet becomes a drinking fountain and a shower in an attempt to gain relief from the soaring temperatures.

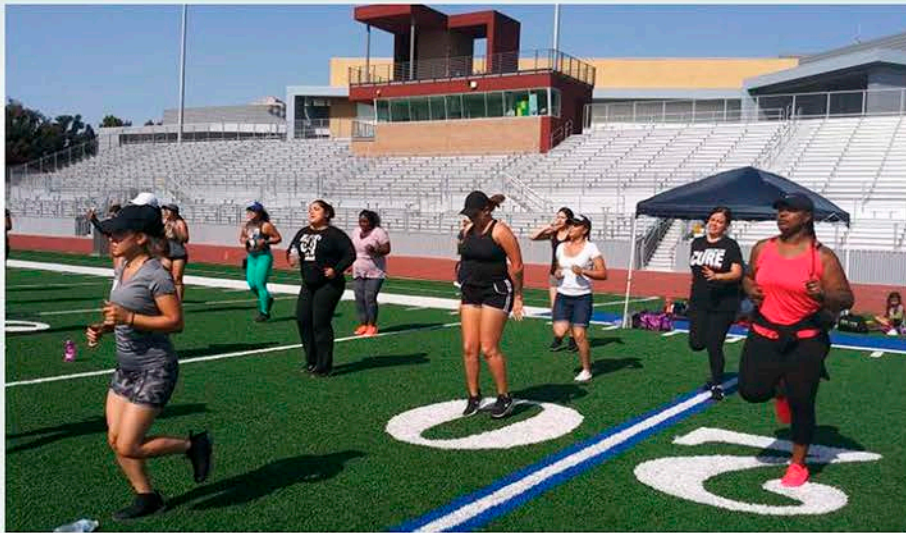
With school out, we see more children coming for lunch. More families come for emergency food bags as the increase in utilities cut deep into their family budget. At the same time the food drives held by schools, churches and social organizations come almost to a complete halt. With this in mind we appeal to you to donate food items to our food bank. In particular we are in need of items for our homeless.



SUGGESTED ITEMS

- Bottled water / Sports drinks (e.g. Gatorade)
- Cheese or peanut butter crackers
- Single serving meal items (e.g. Ravioli & Spaghetti-Os)
- Single serving soups (with pull tab openings)
- Vienna sausages (with pull top lids)
- Packaged nuts
- Trail mix
- Fruit snacks
- Dried fruits
- Beef jerky
- Peanut butter
- Canned vegetables and fruit (with pull top openings)
- Applesauce
- Pudding
- Fruit cups
- Granola bars / Cereal bars
- Power bars
- Boxed drinks and juices

STAYING FIT



“Stay safe during hot-weather exercise by drinking enough fluids, wearing proper clothing and timing your workout to avoid extreme heat.”

Mayo Clinic website

We thank Sarah Olguin, manager of Habits Nutrition Center, for working out with our residents at the San Bernardino Valley College campus. Exercise may seem ‘crazy’ and the last thing you’d want to do in this heat but in the early hours of the day, before the mercury rises, it can be a good thing. According to mental health experts such as Stephen Ilardi it is an essential part of battling depression. This outing actually hit three main-stays of fighting depression: exercise, social connection and sunlight. The moms enjoyed the time, out of the house, in the sun and spending quality ‘mom’ time.

Learning by Serving



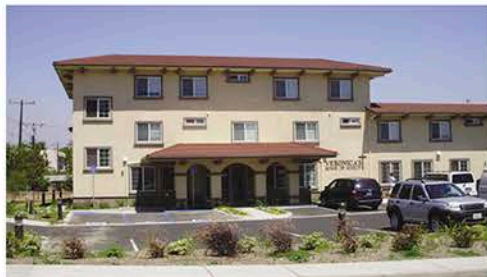
Veronica’s Home of Mercy welcomes California University of Science and Medicine’s Renu Bhupathy, MD, Clinical Skills Manager, and her group of students. They will be holding a class and doing volunteer work every Saturday. The medical school has been recognized for its curriculum and is committed to teaching the importance of improving the health and addressing the healthcare needs of underserved communities, such as in San Bernardino County. Their curriculum emphasizes clinical reasoning with the goal of creating a more balanced and relevant learning experience for future physicians. It is a win-win situation.

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PO Box 7563
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We are a non-profit public benefit corporation and organized exclusively for charitable, religious and educational purposes.

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RETURN SERVICE REQUESTED

Did You KNOW



In June 2018 Mary's Mercy Center through its Mary's Table and Mary's Children pro-vided the following services;

Meals served: **6,142** (*includes lunches for parolees*)

Food Bags: **494 bags over 3 Wednesdays**

Showers (including a change of clothes): **333**

Hygiene kits: **308 plus 144 shaving kits**

Hair cuts: **23**

Clothing (2-4 outfits and shoes): **175 of which 154 were for extreme emergencies.**

Thursday Giveaway: **350 persons helped with clothing, shoes, purses, hygiene, blankets, snacks & toys**

Children's Program: **26 families' needs were met. We were able to help these families with 2 baby tubs, 1 baby bouncer, a box of baby blankets and 100 pounds of baby clothes.**

THANK YOU - what we are able to do is possible because of you!



Save The Date

Mark your calendars! Plan on attending our

2018 Fundraiser Gala

On September 21, 2018 at the beautiful Candlelight Pavilion
455 West Foothill Blvd, Claremont, CA 91711

Angel of Mercy awardees Tom & Stephany Reh